



Charlize Theron



Tom Cruise

# OSCAR MAGIC

**THE MEMORY OF THE ACADEMY AWARDS** may be fading, but the stars remain as golden and ageless as Oscar himself. I asked several Toronto experts in cosmetic dermatology, dentistry and plastic surgery for the scoop on Hollywood's most glamorous night. All agree it was a great looking year. The trend was towards a softer, more natural look.

Dr. Marc DuPéré says Botox was obviously the most common procedure visible. "Most actresses had no forehead wrinkles. Many demonstrated the 'in' Botox-induced (no surgery required for the 40s to 50s) browlift procedure." Dr. Michael Weinberg was sure he spotted a few endoscopic browlifts on some particularly high-browed beauties. "You just can't get the level of height from Botox alone, even on a young woman."

According to DuPéré, brows weren't the only place Botox had been injected. It can also control heavy underarm sweating. Dr. Kevin Sliwowitz suggests some stars might have used Botox to lift the corners of the mouth just slightly to correct drooping. Injectable fillers can be used to plump up the nasolabial fold, the crease from the nose to the side of the mouth, according to DuPéré. And Dr. Sylvia Garnis-Jones suspects Thermage—a nonsurgical way to tighten the face—may be why so many women look less jowly than the men. These techniques are hard

to spot when performed by skilled hands and an aesthetic eye. Today's Hollywood has decided less is more when it comes to cosmetic procedures.

Dr. Nowell Solish noticed that some stars decreased their use of Botox to regain facial mobility. "Julia Roberts has let her Botox wear off from last year, when she won the Academy Award and couldn't raise her eyebrows in surprise." "There was a lot of Botox used around the eyes, but it wasn't overdone," was Sliwowitz's verdict.

The doctors agreed women's lips were gorgeous, natural and youthful. Lips that needed it were touched up with collagen or Restylane/Perlane. And, said DuPéré, there was none of the over-inflation spotted last year on A-listers such as Julia Roberts, Meg Ryan and Melanie Griffith. "Lips may have been filled with something on the older women, but again it wasn't overdone. The younger women have full gorgeous lips anyway. The resurfacing techniques used, such as microdermabrasion and Thermage, have been done so tastefully you don't see it. They just look good—healthy."

In a world of close-ups there is nothing like fabulous lips to draw attention to teeth. So Dr. Vineet Bhandari wasn't surprised to spot star-calibre dental work on the red carpet. He estimates